

BENTON/FRANKLIN COUNTY	Policy Number:	Pages:
JUVENILE DETENTION FACILITY	17.11	1 of 2
Chapter:  PROGRAM	Statutes and Standards:	
Subject:  Wellness	WJDS: ACA: SCJS: RCW: WAC: JRA:	

I. POLICY: It is the policy of the Benton-Franklin Juvenile Justice Center, in partnership with the Kennewick School District and other care providers, that all youth/students be provided opportunities for nutritious meals and snacks, nutrition education, physical education/activity and general exercise, social skill building, health education and medical services to teach, foster and promote lifelong healthy living.

II. DEFINITIONS:

III. PROCEDURES:

A. School Curriculum

1. Health and Nutrition Education is integrated into the core curricula of the Detention Education Program.
2. The Physical Education curricula may include, but not be limited to, stretching, calisthenics, walking, jogging and a variety of age appropriate games including volleyball, basketball, kickball and a variety of created games and activities to foster teamwork, self-esteem, positive choices, and to foster lifelong physical activity among students.

B. Daily Programs

1. The Daily Program Schedule provides for at least one hour of recreational activity for youth each day. Recreation may include, but not be limited to, stretching, calisthenics, walking, jogging and a variety of age appropriate games.
2. The Daily Program Schedule Provides for social skill building and healthy life choice classes to include anger management,

Chapter	Subject	Policy #	Page
PROGRAM	Wellness	17.11	2 of 2

drug/alcohol intervention and prevention, health education, art, life skill development and Chaplaincy programming.

3. The Daily Program Schedule further provides time for staff interaction with youth to foster social skill building and positive relationships to foster positive behavior and decision making.
4. The Daily Program Schedule provides all youth for a minimum of 8 hours of night time sleep, as well as nap opportunities each afternoon.

#### C. Food Services

1. The food service program shall provide all youth with nutritious meals and snacks per nutritional standards required by state and federal guidelines, normally dictated through the OSPI. At all times possible, food commodities made available under the Federal Food Commodity Program for school menus will be served to youth.

#### D. Medical Services

1. All youth admitted receive an initial medical screening. Youth in need of medical services, including medication distribution, are provided services on a regular basis.

#### E. Mental Health Services

1. All youth admitted receive an initial mental health assessment, with appropriate referrals made to appropriate agencies as deemed necessary by juvenile court staff.
2. Youth have the opportunity to speak with the on-site mental health counselor.

Effective Date:	Approved By: